



Southern Heat: New Southern Cooking Latin Style

Anthony Lamas, Gwen Pratesi

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Chef Anthony Lamas is spicing up the South! Now, in your own kitchen, you can turn up the heat with the Food Network's "Extreme Chef" winner and multiple James Beard Best Chef nominee and his debut cookbook *Southern Heat*. In the pages of *Southern Heat*, experience the flavors of Lamas' highly regarded Louisville, Kentucky, restaurant, Seviche, A Latin Restaurant, where his Latin roots are blended with the best ingredients of the South to create his interpretation of Southern food. Throughout *Southern Heat* you'll find traditional recipes peppered with the bold flavors and textures of Latin cuisine like Nuevo Latino Shrimp and Grits, Apple and Bourbon Pecan Bread Pudding, and Macadamia-Crusted Striped Bass with Red Chile Bluegrass Soy Butter.

In *Southern Heat*, Anthony's pride in being part of the largest American regional food movement is evident. His appreciation for his heritage, mentors, and local farmers, his dedication to using sustainable ingredients, and his passion for layering flavors to achieve the perfect balance between brightness, citrus, acidity, heat, and spice is conveyed through stories and tips, as well as stunning photography that sets the foundation for the more than 125 inspired recipes.

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The particular book Southern Heat: New Southern Cooking Latin Style has a lot of information on it. So when you make sure to read this book you can get a lot of help. The book was published by the very famous author. This articles author makes some research just before write this book. That book very easy to read you can find the point easily after reading this article book.

Craig Baker:

This Southern Heat: New Southern Cooking Latin Style is great book for you because the content which is full of information for you who also always deal with world and also have to make decision every minute. This specific book reveal it data accurately using great coordinate word or we can state no rambling sentences inside it. So if you are read this hurriedly you can have whole info in it. Doesn't mean it only offers you straight forward sentences but tough core information with beautiful delivering sentences. Having Southern Heat: New Southern Cooking Latin Style in your hand like obtaining the world in your arm, details in it is not ridiculous one. We can say that no e-book that offer you world in ten or fifteen moment right but this e-book already do that. So , this is good reading book. Hi Mr. and Mrs. occupied do you still doubt which?

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