



Rhymecology: Using Hip-Hop to Heal: The Therapist Guide

Jeffrey T. Walker

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This game changing approach to working with youth is now available for therapists, counselors, social workers and anyone who works with youth at-risk. The guide offers step by step, easy to follow lessons for mental health professionals to use with adolescents who love hip-hop music and culture. Whether you are a seasoned hip-hop veteran or a hip-hop novice, the culturally relevant techniques and exercises presented will help you create a “Rap Rapport” with your client and open up new ways to help them heal. The guide also details countless songs, artists and albums, all of which can be used in therapeutic sessions!

Inside the Guide:

- Listening Techniques
- Writing Exercises
- How to Bill for Hip-Hop
- Themed Therapy
- Hip-Hop History
- “Golden Era” Messages

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