

88 Productive Habits & Life Hacks: The Unofficial Handbook For Enhancing Your Life (Productivity Enhanced 1)

Ryan Stevens, Srijan Bhardwaj

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Have you ever wondered how or why successful people managed to achieve their life goals? Would you like to change yourself [From Zero to One] in order to live a balanced life?

We might have the key to your problems.

Habits run our lives. By adopting the right habits, you will manage to achieve anything. Lives can be ruined by having the fixed mindset and the wrong habits. They have the power to keep you from stretching yourself.

88 Productive Habits & Life Hacks

- Are you aware of how many ways we have to **enhance** our lives?
- How to you think that some people **manage to do so many things** even if they have the same amount of time as we do?
- How healthy are you?
- What do you want from your life?
- What do the **experts** say?
- How can you have a balanced life?
- What does it take to be **fulfilled** in your lifetime?

These are all questions that have been answered within this book. We covered 88 life changing habits (some of which you already knew), but we completely redesigned them.

How will you learn to face life challenges and adopt the winners' mindset?

- Become aware of how many ways we have to enhance our lives
- How to create a simple routine that you repeat on a daily basis.
- Discover what keeps you motivated and consistent.
- Health Habits
- Business Habits
- Motivational Habits
- Self-Esteem Habits
- Personal Habits
- •Anti-Procrastination Habits
- How to get rid of a bad habit

• How your life should look if you apply these habits

Strengthen your personal relationships, stay on top of your finances, get organized and improve your health.

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