



Critical Thinking Box Set: 76 Lessons On How To Become a Critical Thinker, How to Analyze Information by Keeping Your Brain Healthy (Critical thinking, Critical thinking Box Set, thinking skills)

Josie Lambert, Errol Mccoy, Kristal Guerra

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BOOK #1: Critical Thinking: 26 Tools to Develop Competence for Critical Thinking and Analyzing or Evaluating Information With Confidence

This e-book, is a succinct approach to the subject for the layman with the intention of helping readers understand the concept and how to improve the quotient they already have. Since it is a product of most school systems, some prior knowledge is assumed. It is a kind of “how to” approach containing 26 tools and some additional advanced considerations

Among the many topics are:

- A brief history of critical thinking in the field of philosophy
- Tips and exercises to acquire a better level of critical thinking
- The role of emotion and bias in making judgments
- The importance of self-awareness and self-assessment to grow in stature
- Building confidence by improving the mind and its optimal functioning
- Common denominators of critical thinkers
 - How important is it to have logic and reason?
 - The danger of solipsism and living exclusively within the self

- **BOOK #2: Wise Brain Mental Fitness: 31 Anti-Aging Lessons to Keep Your Brain Healthy, More Efficient, Pliable, and Adaptive**

Wise Brain Mental Fitness is all about bringing the brain to its optimal level of functioning. It covers the issues of the aging brain such as memory loss and lack of focus and offers 31 tips and tricks to bring it back to a normal level. We all want a wise brain, a young brain, and a smart brain. You can have it after all. The good part is that it is in your hands.

To hone and tone the brain, the book covers:

- The brain, memory, and cognition
- Exercise works wonders

- Mental fitness breakdown
- Fighting the aging brain
- The role of games and puzzles
- The role of math and language skills
- Using writing and art to train the brain
- Chunking and memory exercises
- What is recall

BOOK #3: Critical Thinking: 14 Effective Ways to Become a Critical Thinker. Learn How to Ask and Answer Questions Systematically by keeping

If you want to become a more valuable asset at work, enjoy participating in social activities more and become more engaged in the community, then you need this book. Within its pages, you will find many secrets on how to become a critical thinker that increases your value where ever you roam. If you feel unappreciated and undervalued, then learning the easy skills in this book will make you a critical thinker in no time at all.

Here is what you will learn after reading this book:

- How to Collect Facts like a Professional
 - Analyze Facts to Arrive at Correct Solutions
 - Learn to Eliminate Biases
 - Arrive at Invaluable Assumptions
 - Form Opinions that Others Find Worth Supporting
 - Build Arguments that Cannot be Argued Against Successfully
 - Learn New Implications
 - Synthesize Information to be More Successful
- Getting Your FREE Bonus

Download this book, and find "**BONUS: Your FREE Gift**" chapter right after the introduction or after the conclusion.

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