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*Gary R. Ryan*

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I wrote this book because I was sick and tired of being sick and tired and I knew there had to be a better way. Fortunately that "better way" became available as I discovered an energy that is now permeating our atmosphere, an energy that vastly improves our ability to live life more effectively. By expanding your awareness of this energy you amplify the power that is available, allowing you to establish perfect health, emotional stability, higher learning (wisdom), and ever increasing enjoyment of your physical environment. The hard earned knowledge in this book will help you attract this extraordinary power and teach you ways to deliberately direct it to any area of your life that is expressing a need for positive attention.

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