



# Women's Survival Guide for Overcoming Obstacles, Transition & Change

*Linda Ellis Eastman*

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## **Women's Survival Guide for Overcoming Obstacles, Transition & Change** Linda Ellis Eastman

A dynamic book written by twenty five consultants, coaches, and professionals, this anthology has excellent tips and strategies for overcoming life's challenges. Topics include relationship, stress, financial, organization, and self-esteem issues. This book is part of a seventeen-book empowerment series for women.

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