



Cooking Up Some World History: 50 Authentic, Easy-to-Make Recipes from All Periods of World History!

Sunflower Education

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Finally, authentic historical recipes designed for classroom use! Turn children's love of food into a love of world history. This unique cookbook provides authentic recipes in historical contexts, adding flavor to learning.

Combine cooking and eating with new information and you have the perfect recipe for retention. A lesson about Ancient Egypt is a lot more memorable if you do it while nibbling on some authentic Basboosa! (That's bread sweetened with honey and lemon. Yum!)

Recipes are historically accurate. There is a nice mix of snack foods, entrees, and even historically accurate deserts. Want to sample the same soup that the Aztecs enjoyed? Or eat—literally—like a king? (Louis XIV, that is!) The recipes are right here!

Grades PreK-6. 50 complete, kid-friendly recipes. Thorough instructions on food preparation, cooking, and kitchen safety. Historical contexts and classroom connections.

Companion book to *Cooking Up Some American History*.

Cooking Up Some World History includes a rich assortment of recipes in the following categories:

Prehistory • First Civilizations • Ancient India • Ancient China • Classical Greece • Ancient Rome • Maya • Aztec • Inca • Middle Ages • The Muslim World • Renaissance • The Age of Exploration • Kings and Tsars • Industrial Revolution • Nineteenth Century • Communist World • World Wars and the Great Depression • The Modern World

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