

The Big Book and A Study Guide of the 12 Steps of AA

Bill Wilson, William Silkworth



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The Big Book and A Study Guide of the 12 Steps of AA Bill Wilson, William Silkworth This is the Big Book of Alcoholics Anonymous, Plus a Study Guide of the 12 Steps, describing how to recover from alcoholism, written by the founders of Alcoholics Anonymous (AA), Bill W. & Dr. Bob. It is the originator of the seminal "twelve-step method" widely used to treat addictions that range from alcoholism, heroin, meth and marijuana addiction, as well as overeating, sex addiction and gambling addiction. UPDATED: NEW LINKED TABLE OF CONTENTS & PAGE NUMBERS. Also included: A current study guide for the 12 Steps of Alcoholics Anonymous of additional 220 pages of summaries and questions.

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