



# Treating Youth with Dsm-IV Disorders: The Role of Social Skill Instruction

*Michael Sterba*

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## **Treating Youth with Dsm-IV Disorders: The Role of Social Skill Instruction** Michael Sterba

A straightforward, fresh perspective to improve a troubled child's therapeutic care by building on his or her strengths.

Treating Youth with DSM-IV Disorders unites the American Psychiatric Association's most widely used evaluation tool with Boys Town's proven social skills teaching philosophy. As a result, professional caregivers are shown how to expand their treatment options, enhance treatment progress, and enable youth to overcome their problems.

The book includes 43 commonly diagnosed disorders that affect children and adolescents, including attention deficit disorder and schizophrenia. Easy-to follow charts highlight the disorders separately and include detailed diagnostic criteria and a list of social skills that can be targeted during treatment. An in-depth outline of the treatment planning process is included to illustrate the importance of focusing attention on children's actual problems.

Treating Youth with DSM-IV Disorders is an illuminating, unparalleled resource for parents, caregivers, and mental health professionals. An excellent companion book to Teaching Social Skills to Youth.

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