



How We Got Here: The 1970s: The Decade That Brought You Modern Life (for Better Or Worse)

David Frum

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For many, the 1970s evoke the Brady Bunch and the birth of disco. In this first, thematic popular history of the decade, David Frum argues that it was the 1970s, not the 1960s, that created modern America and altered the American personality forever. A society that had valued faith, self-reliance, self-sacrifice, and family loyalty evolved in little more than a decade into one characterized by superstition, self-interest, narcissism, and guilt. Frum examines this metamorphosis through the rise to cultural dominance of faddish psychology, astrology, drugs, religious cults, and consumer debt, and profiles such prominent players of the decade as Werner Erhard, Alex Comfort, and Jerry Brown. *How We Got Here* is lively and provocative reading.

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Lois Jennings:

Spent a free the perfect time to be fun activity to do! A lot of people spent their free time with their family, or their very own friends. Usually they undertaking activity like watching television, about to beach, or picnic within the park. They actually doing ditto every week. Do you feel it? Will you something different to fill your own free time/ holiday? Can be reading a book might be option to fill your free time/ holiday. The first thing that you will ask may be what kinds of publication that you should read. If you want to try look for book, may be the publication untitled How We Got Here: The 1970s: The Decade That Brought You Modern Life (for Better Or Worse) can be very good book to read. May be it may be best activity to you.

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