

More Forgotten Skills of Self-Sufficiency

Caleb Warnock



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Your ancestors knew how to live self-sufficiently-now you can follow in their footsteps!

Bestselling author Caleb Warnock is back with a new collection of money-saving and healthy-living skills to help your family gain independence and self-reliance. Learn how to

-Grow self-seeding vegetables

- -Build raised garden beds using step-by-step instructions
- -Collect water from rain and snow
- -Make your own laundry detergent
- -Find wild vegetables for everyday eating

Discover these tricks and more from the author of The Forgotten Skills of Self-Sufficiency and Backyard Winter Gardening. You can be a living example of independence for the rising generation, and avoid grocery store prices while you're at it.

Whether you're growing an organic family garden or running a no-nonsense household, More Forgotten Skills of Self-Sufficiency is a must-have guide to becoming truly self-reliant for you and your family.

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