



The Dementia Concept

Joshua J. Freitas

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A caregiver's guide to improving life for those with Alzheimer's disease and related forms of dementia. This book is written primarily for caregivers of individuals with dementia. The information that is presented in this book can benefit anyone who wants to improve their understanding of dementia and the practical ways that we can improve the quality of life of those with dementia. The Dementia Concept is structured in three parts. In Part 1, Understand, you will learn the signs, symptoms, and stages of dementia. This section provides an overview of the ways that those with dementia can maintain a vital connection to the world around them. In Part 2, Connect, you will learn the core principles of connecting to individuals with dementia. Mindful interaction, conversation facilitation, creation of a routine, and the use of music as medicine can have profound impacts. Read examples of the successfulness of these methods. In Part 3, Engage, you will learn to apply The Dementia Concept principles to even more specific events and interactions, and create a schedule to optimize each day. These holistic approaches to care have been repeatedly shown to benefit both individuals with dementia and the people who care for them. "Books that help people!" - Blue Sail Publications, Inc.

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