



Healing Psoriasis: The Natural Alternative

John O. A. Pagano

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This book proves that Psoriasis, a chronic inflammatory skin disease, as well as Eczema, can be alleviated, controlled and even healed in a natural way; that is, without the use of drugs, steroid creams, tar baths or even ultra-violet light.

The book views psoriasis, as well as eczema, as originating in the intestinal tract. Looked at from the inside out, rather than from the outside in, a whole new approach to the disease evolves. This concept identifies the problem as a build up of toxins (poisons) in the system which make their way out through the skin, but does not originate in the skin. Dr. Pagano defines psoriasis as the external manifestation of the body's attempt to throw off internal toxins.

Because of thin, porous, intestinal walls these toxic elements "seep" through the walls of the intestine (now referred to as "The Leaky Gut Syndrome"), causing a pollution of the lymphatic and blood circulatory system.

The body then attempts to rid itself of these toxins by expelling them through the sweat glands. Dr. Pagano further emphasizes that a proper DIET and adequate ELIMINATIONS are a major part of the solution. This book proves the efficacy of this theory by documented case histories, patient affidavits and striking before and after photographs.



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