



The Power of Vastu Living: Welcoming Your Soul into Your Home and Workplace

Kathleen Cox

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The Power of Vastu Living introduces a wonderfully accessible, room-by-room approach for organizing and decorating homes, apartments, and work spaces according to the timeless healing principles of vastu -- the sister science of yoga and ayurveda. Kathleen Cox's breakthrough system, Vastu Living, delivers all the practical tools you need to incorporate the organic, soothing properties of ancient vastu design into an increasingly overcrowded, hyper-stressed, and e-saturated world. Now you can

create a home for your soul...

restore well-being to your work space...

celebrate your identity...

design your vastu blueprints...

...in every conceivable environment, from the kitchen, living room, home office, and bedroom to the company office, reception area -- and even the dreaded cubicle.

Elevate modern life through the 5,000-year-old healing properties of vastu. Enhance your inner peace, rediscover your sense of mind-and-body harmony, and always, always make room for the soul.

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