



# Teach Yourself to Cook From Scratch Without Recipe Books

*Julie J. Bakewell*

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# Teach Yourself to Cook From Scratch Without Recipe Books

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## **Teach Yourself to Cook From Scratch Without Recipe Books** Julie J. Bakewell

Written for the absolute beginner, and for people who want to move away from cans, jars and ready meals to real home-cooked food, this book will raise your confidence and knowledge in the kitchen. Progressing at your own speed, you will work initially with and alongside convenience foods. You will be provided with simple base recipes and given ideas about how to adapt them. You will be encouraged to experiment with additional ingredients, and shown how a handful of recipes can be transformed into a portfolio of culinary delights. As your skills develop you will advance to using fresh ingredients and will become adept at using your sense of taste as a guide. The more you learn, the more your confidence will grow, until you eventually find yourself improving and adapting recipes in books, pooh-poohing celebrity chefs, skipping whole aisles in the supermarket, and making your tastebuds leap for joy.

Teach Yourself to Cook From Scratch Without Recipe Books is a new way of learning to cook confidently and successfully.

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