



# **Self-Improvement: 80 Surprisingly Effective Ways to Improve Your Brilliant Thinking (self improvement, self help, books on self improvement)**

*Barton Gross, Pablo Cook, Travis Yates, Pat Deleon, Wayne Powell*

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## **BOOK #1: OneNote: 12 Simple Microsoft Onenote Lessons on Using Onenote for Dummies**

If you are a busy person who does a lot of note-taking either for professional or personal reasons, but you consider yourself to be a computer dummy who has no clue about digital notepads, then the Microsoft OneNote software would be perfect for you. This free, extremely easy to use and quite comprehensible note-taking program is much more than merely a note-taking service. It actually contains a number of unique and extremely useful features that you will not find with any other word processor.

## **BOOK #2: Neuroplasticity: 20 Proven Lessons On How to Improve Your Neuroplasticity**

This might surprise you, but it is very possible. Just try to imagine how differently your life and living experiences would be like just by increasing your memory, concentration, and creativity and learning potentials. Research has shown that Neuroplasticity has huge human advantages. In most cases, humans are unaware of these benefits and so are therefore unable to harness these benefits. This book has been written and compiled to create a deeper insight into the meaning and depth of Neuroplasticity as a whole and its wonderful benefits to humans.

## **BOOK #3: OneNote for Dummies: 8 Surprisingly Effective Ways to Use Onenote 2013. How Using Onenote Can Help You Get Things Done Once and for All**

This book contains amazing steps and strategies on the uses and advantages of Microsoft OneNote 2013. There are 6 chapters in this book present as 'Guide' that clearly shows and guide you about it. You need to read all chapters to make out the secrets and to apply as well

## **BOOK #4: Memory improvement: 10 Amazing Techniques on How to Improve Your Memory and Learning Ability**

You will learn how to **improve your focus**, how to **remember more things**, how to **remember them faster**, how to **remember sequences of things that are usually hard to recall**, how to **make your brain respond fast to situations when it is usually slow**, and how to **develop a photographic memory**. Each activity is described in detail and with a clear explanation of how it works, when it is better to do it, for how

long and what to expect from it, as well as how to make it fun and interactive.

## **BOOK #5: Brain Brilliance: Amazing Lessons on How to Improve Memory Blazingly Fast and Find Out How to Learn Much Faster**

The information in this book is based on research studies as well as tried and true methods of maximizing brain function. Just by making a few lifestyle changes, you can improve the health of your brain, which will inevitably make it better. Furthermore, you can increase your level of intelligence, your memory, and your general brilliance with just a few simple steps.

## **BOOK #6: Critical Thinking: 22 Amazing Tips on How to Develop Your Own Strategies and Improve Your Critical Thinking**

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