



Low Carb BOX SET 5 IN 1: 125 Delicious & Healthy Low Carb Recipes You Will Love!: (low carbohydrate, high protein, low carbohydrate foods, low carb, low ... Ketogenic Diet to Overcome Belly Fat)

Nichole James

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Low Carb BOX SET 5 IN 1: 125 Delicious & Healthy Low Carb Recipes You Will Love! (FREE Bonus Included)

BOOK #1: Low Carb Soups: 20 Best Low Carb Soup Recipes For Weight Loss

Are you trying to reduce weight, but unable to get considerable results? There is no need to worry because you have to reduce carbohydrates from your diet, and its excellent replacement is low carb soups. The Low Carb Soups: 20 Best Low Carb Soup Recipes For Weight Loss is designed for your help so that you can follow a low carb diet. The book contains 20 yummy recipes that you can prepare easily at home.

BOOK #2: Low Carb Snacks: Top 30 Amazingly Delicious & Healthy Low Carb Snack Recipes For Weight Loss

When following a low carb eating plan, snacking can be one of the hardest things to get right. We all have times when we need to grab something to eat for energy or a reward, and the temptation to think 'this doesn't count' or 'what choice do I have?' when reaching for a candy bar or packet of crisps can be immense. This book helps you to plan delicious, fast snacks to make sure your diet stays on track.

BOOK #3: Low Carb Casseroles: 21 Super Satisfying Low Carb Casseroles

Whether you're trying to lose weight, manage an illness, or simply trying to set out on a healthier life path, a low carb diet may be just right for you. In this guide, you will learn the benefits of low carb foods, as well as the appropriate items to consume when on the low carb diet. In this book you will also learn 21 satisfying, healthy, creative, and scrumptious low carb casserole recipes.

BOOK #4: Low Carb Desserts: 30 Delicious & Healthy Low Carb Dessert Recipes You Will Love!

If you are looking for some wonderful healthy sweet treats for you and your loved ones to enjoy this collection of low carb dessert recipes is right down your alley. If you are looking to choose healthier sweet treat options for your family then you need not look further than the pages of this book.

BOOK #5: Low Carb Cookies: 23 Best Low Carb Cookie Recipes To Maintain Your Healthy Eating Habits

This book is drafted to explain the importance of the low carb lifestyle and easy recipes to make low carb cookies. Low carb diet is famous for many years because of its health benefits. This book is designed to provide you 23 best low carb cookie recipes for your health. These cookies are low in carbohydrates and high in fiber. You can consume them while following a weight loss routine. These are safe to eat with any of your diet plans.

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