



# **Sex and the Single Girl: A [Slightly Older] Girl's Guide To Dominating the Dating World**

*Anne Grey*

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Do you think having sex (or even...having fun?!) is something that is only meant for twenty-somethings? If so, you couldn't be more wrong! In her newest book, Anne Grey makes the point that now is the "golden age" for dating and that your age may just have something to do with it! Once a woman reaches her late 30s - early 40s, she suddenly drips with confidence. She knows what she wants; those pesky few extra pounds don't bug her; she doesn't need to play games; the bedroom is no longer a scary place; and finally, sex can be fun and rewarding. If you're new to the dating world, or if you've been in it a while and are struggling to find your stride, then Anne Grey's *Sex and the [Slightly Older] Single Girl* is the handbook you need. Rather than focus on "how to win a man," Anne teaches her readers to love their bodies, be proud of their sexuality, embrace multiple lovers, and most importantly, how to maintain freedom and self-respect while doing all of the above. • Worried about figuring out all those dating apps?... don't miss CHAPTER 3. • Need a body image pick-me-up? Turn to CHAPTER 2. • Looking for ways to "spice it up" in the bedroom? Check out CHAPTER 4. Each chapter even ends with a personal story from Anne's dating past. This book is far from old-fashioned or outdated. Anne educates and has a conversation with her reader all at the same time.

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