



Singlism: What It Is, Why It Matters, and How to Stop It

Bella DePaulo PhD

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The widespread stereotyping and discrimination against people who are single has long gone unrecognized, unnamed, and unchallenged. Bella DePaulo, Ph.D., calls it SINGLISM. In this collection, she defines singlism and shows where it is lurking in the workplace, the marketplace, and the media, in advertising, religion, and pseudoscience, in our universities and professional societies, in laws and policies, and in our everyday lives. Dr. DePaulo takes on the issue of why singlism persists – often without apology or even awareness – at a time when so many other isms are considered shameful. Drawing from social science research, she also explains why the simple statement, “I am happy,” when uttered by a person who is single, can elicit paroxysms of hostility, denial, and scorn. "Singlism: What It Is, Why It Matters, and How to Stop It" also includes contributions from a wide range of authors, experts, activists, and cutting-edge thinkers. They share their understandings of singlism and their stories of standing up to it, and they inspire us all to live our lives fully and joyfully. The book also includes a section on singlism’s cousin – the stereotyping and stigmatizing of adults with no children. Contributors to "SINGLISM" 1. Lisa A., Ph.D. 2. Rev. Mark Almlie 3. Gina Barreca, Ph.D. 4. Steven Bereznai 5. Wendy Braitman 6. Rachel Buddeberg 7. Christina Campbell 8. Thomas F. Coleman, J. D. 9. “Crimson” 10. Karen Foster 11. Page Gardner 12. Rajiv Garg 13. Jaclyn Geller, Ph.D. 14. Nicky Grist 15. Jeanine 16. Rachel F. Moran, J.D. 17. Wendy L. Morris, Ph.D. 18. Yasmin Nair 19. Monica Pignotti, Ph.D. 20. Psyngle 21. Rev. Ann Schranz 22. Singlutionary 23. Rachel Stone 24. E. Kay Trimberger, Ph.D. 25. John Ullman 26. Helen W. 27. Wendy Wasson, Ph.D. 28. Eleanore Wells

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Richard Oneal:

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