



Mama Lolo's Cookbook - Low-Cholesterol & Heart Healthy Recipes (Mama Lolo's Cookbooks) (Volume 2)

Pauline Stanley, Lolo Courtney

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This is the second of Mama Lolo's collection of delicious, colorful, and informative cookbooks geared towards your health. This cookbook is packed full of scrumptious, taste-tempting, low-cholesterol recipes to keep your heart healthy for years to come. Every recipe comes with a gorgeous picture and nutritional information that we hope will inspire you to take action to lower your cholesterol naturally!

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